eing the right kind of man in today's world can be tricky, which is why you need the right kind of advice.
But where should we look for it?
Where is the best place to pick up golden nuggets of man-knowledge, the kind of stuff that's passed down through the ages?

Hollywood, that's where. The movies are packed full of such pearls of wisdom – you just need to know where to look for them.

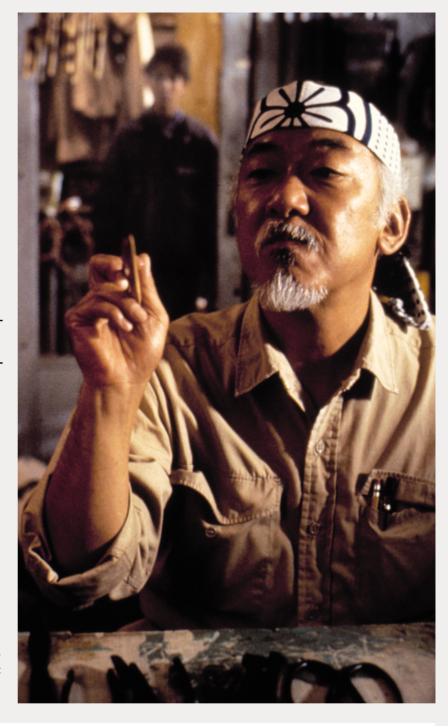
That's where *Forever Sports* comes in, with ten of the best pieces of advice a man could hope for. Read them, take them in and use them wisely. And perhaps some day you will pass them on to some young fool in need.

1 HUMILITY

"MAN WHO CATCH FLY WITH CHOPSTICK ACCOMPLISH ANYTHING"

MR MIYAGI, THE KARATE KID

When asked, Mr Miyagi admits he has never actually done it, therefore demonstrating both humility and perseverance – despite countless attempts he is yet to triumph. It doesn't seem to matter that the Karate Kid has immediate success.



EDUCATION

"Stay in school and use your brain. Be a doctor, be a lawyer, carry a leather briefcase. Forget about sports as a profession. Sports make ya grunt and smell. See, be a thinker, not a stinker"

APOLLO CREED, ROCKY

Initially, it might seem an odd piece of advice coming from the world heavyweight boxing champion, but his message for the kids is that education is important. Not everyone

can excel at sport, and that's where the grey matter between the ears comes in handy. The champ even throws in a bit of personal hygiene advice for good measure.